

Knights Knews

June 2024

Grand Knight Report

Brother Knights,

This is the final month in the current Columbian year. Nominations for the 2024-2025 Columbian year were conducted in our May meeting. Nominations can still be made before voting at the June meeting. The current nominations are in the table below. Following the May business meeting, we have additional nominations for GK and treasurer. All are welcome to still nominate themselves for any officer position. Please attend the June business meeting on Tuesday June 11th for final nominations and elections.



Role	Officer	Role	Officer
GK	TBD	Warden	John Linscott Jr.
DGK	John Antonacci	Guard	Larry Peltier
Advocate	Joel Bruemmer	Guard	Jim Krebs
Chancellor	Paul Friedeborn	3 Year Trustee	Chris Fabry
Recorder	John Downey	2 Year Trustee	Joe Ferrall
Treasurer	TBD	1 Year Trustee	Jerry Padgett



KNIGHTS
OF COLUMBUS
IN SERVICE TO ONE. IN SERVICE TO ALL.

Grand Knight Report Cont.

May continued to be a busy month including St Rose Soccer Challenge, KofC state convention (see article in the bulletin), bowling banquet, community dinners, bingo and Memorial Day week. Over Memorial Weekend, flags were placed at gravesides and Memorial Mass was performed Assumption Cemetery.

June will continue to be busy as we will have the weekly community dinners, bingo, last Fish fry before summer, Blood Drive and combined family mass. Please check the calendar for information on all events. I am definitely not forgetting about the Chili Cook Off which is rapidly approaching. Planning is going well. The chairmen and women are working hard and everything will be ready for the event. Please volunteer to help if you have not already.

We will begin several projects at the hall over summer. The hall may be closed during period for safety. During this time be use caution if you are at the hall during any construction.

I want to wish all the fathers in the Knights of Columbus, our families, and friends a very happy Father's Day. I hope you have a relaxing or adventurous day, which ever you choose.

Finally, I want to thank Council 5803 for allowing me the honor to be grand knight this Columbian year. The year passed quicker than I expected. I started fearful but excited and finished about the same. I appreciate all those who mentored me and kept me on track. I appreciate everyone that chaired and volunteer to make this another successful year. I cannot forget the officers this year that supported us and me. They are a great group of guys and I enjoyed my time with all. I am humbled by the amount of energy, determination, and love that these guys demonstrate. It is never ending. I appreciate the opportunity and look forward to continuing to support council 5803. I challenge all brothers to get more involved in events and as officers. It is extremely rewarding. You will always have support. You will benefit far more than you can imagine.

Vivat Jesus

Chris Fabry

Deacon's Corner

Fathers Month

Jesus often prayed to His heavenly Father. We too must pray to our heavenly Father. When we have something difficult to do, we pray : Father thy will be done. When we think of death: Father, into your hands I commend my spirit. When something good has happened to us: Father, I thank you. When we need assistance: Father help me. When we need help dealing with others: help us to be reconciled with one another.

Every worthwhile human father is eager to give what his children need and want. So it is with our heavenly Father. Pray to Him, as we pray the Our Father in Mass and in your public and private prayers.

Fathers Day is June 16th. In our limited way we honor our earthly fathers. Tell your father living or deceased that you love him. That you appreciate what he has done for you. Pray for him.

A prayer for fathers:

Our Father who art in heaven

I am a father on earth.

You have given me this gift and responsibility.

Grant me the wisdom to carry it out.

Let me be there for my children when they need me.

And get out of their way when they don't.

Viva Jesu

Deacon Terry



Field Agent Report

Scott Frost is the new Field Agent for the Knights of Columbus Insurance Program. He covers the councils 8800, 13237, 4956, 5803, and 9969. Scott has been a Knight since 1989 and holds both Third and Fourth degrees in the Order.

Many people do not know that the Knights began as an insurance program. As a Fraternal Benefit organization, it provides insurance only to its members, on a non profit, tax exempt basis. It is one of the most cost efficient sources of insurance products in the United States, and is only available to members of the Order.

The products offered include Term and Whole Life, Disability Income, Long Term Care, and Annuities. These are unique products with features that greatly benefit the membership of the order. The policies are designed to continue the original mission of the Knights, to protect families and dependents of the Knights, a mission that was set by the Blessed Father McGivney in the 19th century.

Everyone needs insurance. If you do not have coverage, you should, to protect your family. If you have coverage from another source, you may be paying more than you would with the Knights. This is a very valuable benefit of membership and we encourage all Knights to discuss their needs with our Field Agent.

Scott is available at your convenience. His e-mail is scott.frost@kofc.org, and his office number is 818-957-2649.



A newly discovered saturated fat extends the life span of Dolphins.

When a single nutrient can add over a decade to a large mammal's lifespan, we need to pay attention. That is what studies of a newly discovered essential fatty acid revealed in studies of Dolphins trained by the Navy in San Diego CA., when compared to a similarly trained group of dolphins in Florida. A single fatty acid makes a difference of about 1/3 of the typical lifespan between dolphins with the lowest levels of this fat in their tissues and those with the highest levels, who live well-over a decade longer. This fat proves to be 'Essential' – meaning we mammals can't make it, and have to get it from our diet, and it is essential for life. This discovery was spearheaded by veterinary scientist Dr. Stephanie Venn-Watson, who tells this story in her [TED Talk from 2023](#). (Very worth watching – scroll down to find it)



We do get a dose of it during fetal gestation, as the placental environment apparently provides for synthesis of this fat, and the milk-generating tissues of all mammals produces it as well. Hence our dietary supply of it largely comes from consumption of butter fat: from whole-milk, butter and some cheeses. The kicker is that these also contain high amounts of even-chain fats such as C16:0 and C18:0. This recent discovery highlighted the fact that Odd-chain fats like C15:0 and C17:0 are **anti-inflammatory**, while even-chain fats **promote increased inflammation** with aging.

Pentadecanoic acid (C15:0) is an essential odd-chain saturated fatty acid with broad activities relevant to protecting cardio-metabolic, immune, and liver health. It plays a crucial role in various physiological processes, particularly those related to the production, regulation and storage of other fats. It is critical for the stability of cell walls and shape-stability of our cells. It also promotes better repair of our mitochondria (better energy production), and improves cellular signaling leading to less hunger, fat storage and diabetes. Plus, C15:0 is required for synthesis of higher order odd-chain fats important to health.

Quoting from a [recent study](#): "In addition to slowing the aging rate, and as would be expected of a healthspan and longevity-enhancing nutrient, C15:0 can positively affect routine clinical indices. Specifically, higher circulating C15:0 concentrations are associated with, and show in relevant animal and cellular models to cause lower inflammation, lower total cholesterol and triglycerides, lower glucose and improved insulin sensitivity, lower liver enzymes, healthier body weight, and, as mentioned above, higher and healthier hemoglobin levels".

Dolphins (according to Dr.SV-Ws TED talk) with the lowest C15:0 levels live 20-30 years while those with the highest levels live into their late 40s to 50s: That is a massive increase in longevity and healthspan! One might guess that in humans, this could be on the order of 2-3 decades of added healthspan; far more than any single yet-discovered factor. So, if you wish to 'Do Good on Earth' for years to come, this seems the biggest bang for the buck yet to be discovered, and reasonably priced at that. My order is on the way, and my discount code gets you 20% off. Go to [Fatty15/SRFIT](#) for a 3-month starter kit.

This is yet another practical way to live the Gospel in service of the Church and Our Lord for more of your years – God Willing!

To your Greater Health and Fitness – In Christ,

Frank

KofC State Convention

Brother Knights,

Your Worthy Grand Knight and Deputy Grand Knight attended the 2024 State Convention in Visalia May 16th to 18th as delegates. While we were unable to take advantage of the Golf Tournament or Casino trip on the 16th, we did arrive just in time for the BBQ competition. Six Councils and groups cooked up tacos, sausages, steak and chicken for all to enjoy while listening to live music. It was quite the celebration, and a wonderful way to spend an evening with our Brothers and their spouses before getting to work.

Friday began with an opening Mass, presided by Fresno's Bishop Brennan. All the Councils paraded in their banners before the Bishop entered, a sign of the unity to come. His Excellency delivered a poignant homily reflecting on the Gospel reading where Jesus reinstates Peter in John 21:15-19. It's a message of redemption and confirmation that we can all take hope from.

The Open Session followed, with guests staying to hear an opening from the State Deputy, welcome videos from the Supreme Knight and the City of Visalia, plus a visit from the Vice Mayor of Visalia. We then heard reports from the State Secretary, Treasurer, Warden, and comments from the Immediate Past State Deputy and Supreme Director.

After lunch, the closed Business Session opened with reports from programs including the Columbian Retirement Home and Wheelchair Drive. The Retirement Home encouraged us to remind all brothers of their purpose and availability as interest has waned since 2020, which could impact the long-term solvency of the facility. The Wheelchair Drive featured a video from the past year's trip to Tijuana, allowing us to see the impact the delivery of these wheelchairs has on the receiving families. Supreme Director Trevino challenged us all to increase our support to the program to allow the program to deliver wheelchairs to our neighbors in northern Baja each year in addition to the program's targeted region.

Following the Program updates, the State Advocate presented 75 Resolutions that were up for approval. These resolutions were previously posted for comment by the delegates and, as there were no comments, all were approved with no vote requirement. All the approved resolutions were letters of appreciation, congratulations or condolence. The final, 76th, resolution on the list was previously withdrawn, therefore not voted on nor approved. Three late additions, also letters, were approved.

KofC State Convention Cont.

Resolutions may be viewed at the link at the end. The day Business Meeting ended with voting for next year's Officers. There was only one nominee for all offices except Warden, therefore no actual votes were required. The three Warden candidates were presented by a sponsor, then had each a chance to speak. The Officer Candidates may be viewed at the link at the end.

Saturday began voting for the Warden position, an available Holy hour and start of Eucharistic Adoration. A short break was needed to prepare the hall for the continuation of the Business Meeting, so we wandered into the downtown area and happened upon a Car Show! The gathering was small, but had a collection of high quality vehicles. The morning's business began with the report of votes for the State Warden, with Gene Hays Sr. receiving the majority of votes. We then heard a report from the Charity Director on the 365 Program. He relayed his goal to increase the maximum charitable grant from \$3,000 to \$5,000, given the increase of the cost of living today. To do so, he needs all Councils to take the 365 program seriously and really push membership to participate. If everyone does, the \$3.65 stays \$3.65 and doesn't increase. He also challenged all Grand Knights and others present to fund the next \$3k grant with \$20 cash donations during the Grand Knight Parade. Once the cash was tallied, the gathering funded the next two grants. With this excellent news, we broke for lunch.

After lunch a live stream began so all California Knights could participate in a Fraternal benefit presentation from the General Sales Manager. He reported on his push to get Benefit Reps into Parishes to present to the congregation all the benefits available to Knights, whether they are Insurance Members or not. It is a good reminder for all of us to check with our new Fraternal Benefits Advisor to make sure we are ready to take advantage of all the benefits the Order provides for our families. Following this presentation was the Awards. It is so amazing to see all the programs available out there and recognition of the impactful work Knights are doing across the state.

With that, WGK and WDGK needed to return home. There are more events available to those who travel to a Convention, including a formal banquet with the top awards presentations. Visalia will be the host of the next 4 conventions. We highly encourage all Brother Knights to attend as it's such a wonderful opportunity to meet our Brothers from across the State and enjoy their companionship at the dinners, tours, in the hospitality rooms, and in worship at Mass.

List of Resolutions: <https://www.californiaknights.org/wp-content/uploads/2024/04/2023-2024-Resolution-Book-FINAL.pdf>

List of Candidate Resolutions: <https://www.californiaknights.org/wp-content/uploads/2024/03/Candidates-Resolutions-2024-2025.pdf>

KofC State Convention Cont.



Congratulations to Paul Friedeborn for being named the "Volunteer of the Year" by the Simi Valley Community Council! This organization serves as a platform for non-profit organizations, for-profit companies, and individuals to collaborate, share information about programs and services, and acknowledge volunteer efforts.

Paul's selection for this honor stems from his extensive contributions to Vltalant over the years. He has dedicated decades to advocating for blood donation, particularly during periods when donors are in short supply. His commitment to this cause has undoubtedly made a significant impact on the community.



Honoring Our Veterans



A patriotic Team! L to R, SK Frank Cross, SK John Downey, Pat Moran, SK Lee Turner, Jan Gnesda, PFN George Gnesda, Mary Olsen, SK Lee Olsen, Randy Owens & Sons Wyatt & Jack, SK Andrew Chauvin & Son Luke , Al Gigliello, Jared Gigliello, SK Larry Peltier, PFN Dan Owens (photographer).



There was a great turnout of helpers at Assumption Cemetery on Friday 5/24/24 to place US Flags on our Veterans' graves for Memorial Day. We divided up into 5 teams and spread out placing flags on 64 graves in about 45 minutes. A big thank you goes to FN Fred Valdez for creating the updated list and sorted spreadsheet. The day after Memorial Day we picked up the flags as required by the cemetery.

Thank you all!

2024 SOCCER CHALLENGE

The 3rd Soccer Challenge by the Knights of Columbus Council 5803 for 5th & 6th grade students at St. Rose of Lima School was conducted on May 9. Each of the 52 participants were treated to a pizza lunch provided by our council. We presented the top winners in each of the 4 groups a ribbon with either a Gold, Silver, or Bronze medallion At the School Assembly on Tuesday, May 14. The medal winners were:

	1st Place		2nd Place		3rd Place		NOTES
5th Grade Girls	Mila	Perez	Claire	Morse	Ava	Castriciones	Kick off with 3 girls for 2nd place
5th Grade Boys	Ian	Barber	Gianpaolo	Ramirez	Gael	Camacho	Ian Barber kicked 5 balls into upper quadrant!
6th Grade Girls	Minerva	Perida	Chantal	Ojeda	Giselle	Guillermo	Kick off with 2 girls for 1st place
6th Grade Boys	Gianluca	Ramirez	Nate	Carrillo	Andrew	Amador	

As the Event Chairman, I would like to thank brother Knights that helped, including Norm Ouellette, Gerry Padgett, Jerry Pitstick, Rich O'Donnell, Frank Cross, Jim Hook, George Gnesda, John Downey, Joel Bruemmer and my wife Lorraine. In addition, I want to thank Principal Molly Harding and Athletic Director John Kowalski (who is the Grandson of Brother Al Kowalski).

PGK Joe Ferrall

FIFTH GRADE BOY WINNERS



FIFTH GRADE GIRL WINNERS



SIXTH GRADE BOY WINNERS



SIXTH GRADE GIRL WINNERS



June Bereavement & Fraternal

This month we mourn the passing of Cherie Erickson, niece-in-law of Nita Myszkowski, Geraldine Pilates, PGK Bob Smith's ex-Mother-in-Law, Cherie Maciel wife of SK Leo (d), and Msgr. Bunny, a former pastor here at St. Rose. Please keep The Erickson, Myszkowski, Pilates, Smith, Maciel families and Msgr. Bunny in your prayers. Please keep the following especially in your prayers, Ann Dumas Wife of SK Ron (d), Mary Beth Pitstick wife of PFN Gerry, Roseann Fuenties niece of PGK Henry Mancilla, Robert, Bobby, and Sean Downey and Joan Millenciewicz, family of SK John Downey, Cathy LoColo wife of WDD Mike, SK Willy Romero, PGK SK Bill Martin, Ruby Salings neighbor of PFN SK Jerry Riss and Corby Palacios daughter in law of PFN SK Mike, and SK Tom Morrissey. The sick below and their families are also in need of our love and prayers.

SK Bill Alexander and wife Lori
Jeff Anderson
Tracy Antonacci and Cheri sisters of
PGK SK John
David Babcock and wife Maddy
Regina Barbosa daughter of SK
Steve
Logan Brammer's mother-in-law
SK Jerry Brusseau and family
Andrew Budinski
PFN Alan Canfield
SK Richard & Susie Case
Guillermo Camarena's father
Rosa Camacho
Juanita Camacho mother of Tony
Blanca Chowdhury and family
Brian and Joseph Conant grand
nephew and cousin of PGK/PFN
Herman (d)
Barbara Connor, mother of SK Blair
Patricia wife of SK Carl Cornell (d)
SK Don Corson, wife Marian and
son Don
Trudy wife of SK Dominick Cos-
tanzo
SK Tony Crane
PGK/SK Tony DeMarco, Abrianna
granddaughter and Jennifer De-
Marco Iezza daughter
Jerry Mahieu brother-in-Law of SK
Larry Denning
Sahera sister of SK Sam Doka
SK John Downey's wife Ritamarie,
and family Robert, Bobby, Sean
Downey and Joan Millenciewicz,
Ann Dumas wife of SK Ronald (d)
Andy Duport
Amanda niece & Pam wife of SK
Fred Erickson (d)
SK Jim Fabry and wife Linda
Diana Fabry wife of SK Chris
SK Neil Fanning's wife Lupita
PGK SK Joe Ferrall and his friends
Matt Weaver Sr. & Jr.
PGK Bill Fisher
Brian Fransen son of SK Don (d)
Carmen Scurlock grand-daughter,
of Paul Friedeborn
Peggy, wife of Gerald Giarrusso
Nick Gomes and wife Joanie and
granddaughter Daphne
SK Cody Gorecki
SK Peter Grace
Jacqueline Griffith mother of SK
Mark
Tanya Guzman
SK Bob Hacia's Sister in law Dalton
Collins and uncle Tom Riza

Alfredo Hernandez and his sister
Alejandro Hernandez
SK Tim Hodgins and wife Terry
SK Lance Holman
Lois, wife of PGK SK Ron Huerth
Kyle Kadell's Sister Karen Childers
PGK/SK Russ Ireland and wife Gail
George Powell in Law, Walter Bing-
ham uncle, Sara Jayne Powell Sis-
ter and Tim son, of SK Tom King
SK Tom King's daughters Marianne
and Carol.
SK Duke Kopacz's wife Roberta
Al Kowalski and wife Emese
Tony Lemos and his brother Joel
Vincent Lendon
Harold (Chris) Lev Jr.
Brian son of John Linscott Jr
DD Mike Locolo
Maria Lojo's mother-in-law
Marlene Looney
Veronica Lopez & Alberto Anaya
cousin & nephew of SK Alberto
Lopez
SK Joseph Lopez and Daughter
Denise
Julia Mora, daughter.
Ray Madden's brother-in-law Lou
SK Henry Mancilla, his brother-in-
law Alejandro Arellano, Scott,
grandson and niece Roseann
Fuentes
SK Jim Manda and son Tim
PGK SK Bill Martin
Andrew Richards friend of SK John
Makenzie
Norma Martinez and Daughter Tha-
lia
The Mazo Family
PGK John McCracken
Kellie daughter and Jo McKinley
wife of PGK SK Al (d)
McGarry family
Charles Miserendino and brother
Joseph
Fr John Moloney
SK Tom Morrissey and wife Hope
Terry Brown's sister
Megan O'Maler
Blair O'Connor's mother Barbara
Rick Ostrich
Amy Babel Daughter of PFN/PGK
SK Dan Owens
Stephen Paisley son of Marilyn
Saylor Padgett, Mateo Briones,
grand-children, Miguel & Cecelia
Briones Father & mother in laws,
PGK David Cabone & Rita Costello

friends of SK Jerry Padgett
SK Jerry Padgett's wife Toni,
daughter Jen and in-Law Michelle
Fairbourn
Corby Palacios daughter in law of
PFN SK Mike
Mary Beth Pitstick wife of PFN SK
Jerry Bree Rayburn, wife of SK
Russ Rayburn
Sean Reeves
Deacon SK Terry Reibenspies
PGK/PFN Gerry Riss niece Erin
Hughes, cousin Mike Novak and
friends Steve Stark, Ray Salings
and Ethan Jordan
SK ED Roberts and wife Jean
Wilda Rodriguez wife of PFN Antho-
ny
SK Willie Romero
Michael Pielaet in-law of SK Jeff
Sage
Miriam wife SK Louie Sanchez (d)
Amber Santiago and children
Bill Schmidt
Greg Secor
John Segar
Fr Joe Shea
PGK SK Bob Smith his wife Angie ,
sons David and Chris.
Susan Smith, wife and Alex son of
PGK SK Christopher
Sara, wife of Jim Spencer
Mary wife of PGK/PFN Bob Spiel-
man
Elaine sister of PGK/PFN Bob Spiel-
man
Peter Stiner
SK David Tellez's wife Alberta and
Brian Lampkin son in Law
Kitty Fidermutz, daughter of
Lonnie Todd
Sandy, wife of Mike Tortorici
Ginger Trematore wife of SK Joe (d)
Ruben Valdez
Manual Vargas, sister Mayira Var-
gas and his mother Maria Espinoza
de Vargas
Johnn vera's son Marc Venegas
Family
Daniel Videgain
SK Gene Walinski and wife Kathy
Colleen, wife of Jim Wehr (d)
Chelsea grand-daughter of Jack
White (d)
Shirley, wife of SK Dan Zengierski

Please continue praying for our service men and woman, they serve throughout the world helping to main-
tain peace and the ideals of our country. My brothers, if you know of someone in your family, or a friend who
is in ill health, who needs our prayers, or of someone who can thankfully be removed from the list, Email me
or a call at the address or number below.

Peace and God's blessings from your Bereavement and Fraternal Ministry.

Jerry Myszkowski, 805 522 1641 jmyszko@yahoo.com

JUNE BLOOD DRIVE

The Knights of Columbus Council 5803 Summer blood drive will be Saturday June 29 from 7:30 AM to Noon at St Rose of Lima Parish Hall. We're also looking for a Kidney donation for Tony Lemos and will have someone available to answer your questions and help arrange for the procedure if able.

Call Paul Friedeborn at 805-395-1126, Vitalant at 805-654-1600 or contact them online to make an appointment.

COMMUNITY DINNERS

The Community dinners are served between 5:50pm – 6:30pm at the Knights hall. If you would like to help, give Rick Ostrich a call at 805-501-8818.

PENDING MOTIONS

No Pending Motions

WE NEED BINGO WORKERS

We are in need of more Bingo workers:

- Callers
- Cashiers
- Paper
- Call Back
- Finance
- Pull Tabs

Training is free, they are not hard jobs, and you get a free dinner. All we ask is 3 - 4 hours per month. Remember that CHARITY is one of the founding principles of the Knights and Bingo is where the council gets its money to donate to our charities! If you are new to the council, or if you have not worked Bingo, please call me so I can schedule you for training and add you to the Bingo schedule.

Thank You,
Fred Valdez
805-428-6413
F_valdez@yahoo.com

Helping Hands

Chili Cookoff is coming up Saturday June 22 from 10 AM to 4 PM and we need any Knights, family members, St Rose parishioners, neighbors, and anyone else available to work the various positions. Call Paul Friedeborn at 805-395-1126 if you can help.

2023 - 2024 OFFICERS

Grand Knight	SK Chris Fabry	(805) 624-9858	chrisfish74@hotmail.com
Spiritual Advisor	SK Deacon Terry Reibenspies	(805) 390-0745	terryreib@pacbell.net
Deputy Grand Knight	Andrew Chauvin	(805) 295-7083	andrew.chauvin@gmail.com
Chancellor	SK Paul Friedeborn	(805) 522-6080	paulf@rsrpd.us
Warden	John Linscott, Jr.	(805) 428-8145	johnlinscottjr@sbcglobal.net
Recorder	John Downey	(805) 579-8970	johndandrita@sbcglobal.net
Financial Secretary	SK Lee Olson	(805) 907-2984	maleegic@aol.com
Treasurer	SK Jim Hook	(805) 579-8438	jhook643@gmail.com
3-Year Trustee	PGK Joe Ferrall	(805) 428-1894	Jnl_70@outlook.com
2-Year Trustee	PGK Chris Smith	(805) 579-7373	groobee@sbcglobal.net
1-Year Trustee	PGK Bob Smith	(805) 578-0434	truestorybob@hotmail.com
Advocate	SK Joel Bruemmer	(818) 307-3590	bruemmer@pacbell.net
Membership Chair	Jay Espiritu	(805) 587-9028	jayespiritu@sbcglobal.net
Guard	Larry Peltier	(818)209-3580	larrabypel@sbcglobal.net
Guard			
Guard			
District Deputy	SK Mike LoCollo	(805) 231-6188	mikelocollo@rosdrunner.com
Insurance Representative	Scott Frost	(818)957-2649	scott.frost@kofc.org

COUNCIL 5803 EVENTS AND CHAIRMANS

EVENT	DATE	CHAIRMAN	TEL	E-MAIL
On Going/ As needed				
Bingo	On going	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com
Blood Drive	On going	SK Paul Friedeborn	522-6080	paulf@rsrpd.us
Christian Service Program	On going			
Family Mass	5th Sundays			
Fish Fries—1st Friday	1st Fridays	SK Tony Bonomo	805-407-0578	marilyn@marilynehrman.com
Healthy Living Director	On going	SK Frank Wilhelmi	526-6194	wilhelmi@pacbell.net
Helping Hands	As needed	SK Paul Friedeborn	522-6080	paulf@rsrpd.us
Community Breakfast	Monthly	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com
Community Dinner	3rd Fridays	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com
Membership Chair	On going	Jay Espiritu	587-9028	jayespiritu@sbcglobal.net
Admissions Chair	On going	PGK George Gnesda	522-5699	g.gnez@yahoo.com
Knights Knews- Bulletin	On going	SK Joel Bruemmer	(818)307-3590	bruemmer@pacbell.net
Pro-Life Breakfast	5th Sundays	SK Tony Lemos SK George Lemos	584-3803 584-9816	eliman7@sbcglobal.net lemos11@sbcglobal.net
Rosary for the Unborn	1st Saturday	SK Tony Lemos SK George Lemos	584-3803 584-9816	eliman7@sbcglobal.net lemos11@sbcglobal.net
Various Food Drives	TBA	TBD		
Seasonal				
Fish Fries- Lenten	Ash Wed to Easter (Fridays)	SK Tony Bonomo	805-407-0578	marilyn@marilynehrman.com
Monday Night Football	Sept- Jan	PGK John Antonacci	559-2944	john_thetilepro@yahoo.com
Bowling	Sept-May	PGK George Gnesda	522-5699	g.gnez@yahoo.com
PADS	Oct-April	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com
K of C 5803 Toy Drive	Oct-Dec	PGK Cliff Wirtz PGK Norm Ouellette	208-8970 551-3704	cawpaw@aol.com njouellette7@yahoo.com
Once Per Year				
Charter Night	TBD	SK Richard O'Donnell	522-0906	
Super Bowl Party	February	PGK John Antonacci	559-2944	john_thetilepro@yahoo.com
Annual Men's Retreat	March	Oren Robles	(805) 432-6034	orencio8@yahoo.com
St Patrick's Day Dinner	March	GK Joe Ferrall	428-1894	jnl_70@outlook.com
Scholarship	Spring	PGK Bob Smith	587-0434	truestorybob@hotmail.com
Free Throw Contest	Spring	PGK George Gnesda	522-5699	g.gnez@yahoo.com
Soccer Chalange	Spring	GK Joe Ferrall	805-428-1894	jnl_70@outlook.com
International Dinner/Vocation Sun.	TBD	PGK Cliff Wirtz	208-8970	cawpaw@aol.com
Chili Cook Off	June TBD	PGK Hennry Mancilla	(805)587-3225	hmancilla@yahoo.com
Installation of Officers	July			
Turnover Dinner	July			
PGK Testimonial Dinner	September	PGK Bob Smith	578-0434	truestorybob@hotmail.com
Simi Valley Days	September	SK John MacKenzie PGK John Antonacci	522-9818 559-2944	ukmackenzie@yahoo.com john_thetilepro@yahoo.com
Bishop Fishing Trip	Oct	PGK Christopher Smith	579-7373	groobee@sbcglobal.net
Dream Cuisine	Oct	PGK Cliff Wirtz	208-8970	cawpaw@aol.com
MRC Tootsie Roll Drive	October	PGK John Antonacci	559-2944	john_thetilepro@yahoo.com
Columbus Day Dinner	October	SK Tony Gammariello	522-9548	tgammy@yahoo.com
Thanksgivng Dinner / Turkey Shoot	November	PGKs Jerry Padgett & Rick Ostrich	661-492-5473 501-8818	rickostrich@yahoo.com
Memorial Mass	November	PGK Bob Smith	578-0434	truestorybob@hotmail.com
Hanicapable Lunch	December	DGK Chris Fabry	805-624-9858	chrisfish74@hotmail.com
New Years Party	Dec 31st			

June 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 *Rosary at Assumption 9:30AM *Bingo *Men's Holy Hour *GiGis event at Rancho Santa Su Park 7-1PM
2 *Community Dinner 5:30-6:30	3 Chili cook off meeting 5PM	4 Officer Meeting	5	6	7 Fish Fry	8 *Bingo *Men's Holy Hour YA-YA Meeting 12-5 PM
9 *Community Dinner 5:30-6:30	10 Chili cook off meeting 5PM	11 5803 Business Meeting 7:30PM Pre Meal 6:30 Rosary 7PM Elections	12	13	14 Flag Day	15 *Bingo *Men's Holy Hour *Mass for Cherie Maciel
16 Fathers Day *Community Dinner 5:30-6:30	17 Chili cook off meeting 5PM	18	19 *4th degree Officers meeting and Rosary 6:30PM Meeting 7:00PM *Chili Cook-off setup	20 Chili Cook-off setup	21 Chili Cook-off setup 4th Degree callout - St Peter Claver 9:30 AM	22 *Bingo *Men's Holy Hour *Chili Cook-off
23 *Community Dinner 5:30-6:30 *Chili Cook-off Breakdown	24 Chili Cook-off Breakdown	25 Chili Cook-off Breakdown	26	27	28 Eucharistic Celebration Callout 7PM St Rose	29 *Bingo *Men's Holy Hour *Blood drive
30 *Community Dinner 5:30-6:30 *Family Mass 9AM						

July 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Officer Meeting	3	4 Independence Day	5	6 *Rosary at Assumption 9:30AM *Bingo *Men's Holy Hour
7 *Community Dinner 5:30-6:30	8 Chili Cookoff Debrief 5PM	9 5803 Business Meeting 7:30PM Pre Meal 6:30 Rosary 7PM	10	11	12 St Rose Family Camp out Burger and Hotdog grilling 3-5 PM	13 *Bingo *Men's Holy Hour
14 *Community Dinner 5:30-6:30	15	16	17 *4th degree Officers meeting and Rosary 6:00PM Meeting 7:00PM	18	19	20 *Bingo *Men's Holy Hour
21 *Community Dinner 5:30-6:30	22	23	24	25	26	27 *Bingo *Men's Holy Hour
28 *Community Dinner 5:30-6:30 *Officer Installation 3PM *Turnover dinner 4:30 PM	29	30	31			